

Leicestershire Tennis & Squash Club- Covid 19 Risk Assessment – Updated 21/07/2021 (Prepared in readiness for The Leicestershire County Championships) Generated & approved by the Club Officers & Management Team

Covid-19 is a new illness that can affect your lungs and airways. It is caused by a virus called Coronavirus. Symptoms can be mild, moderate, severe or fatal.

This is to cover risks to members, visitors, staff and deliveries. To keep up to date with HSE & LTA advice to workplaces and clubs it is important to regularly visit both the HSE and LTA websites.

(This risk assessment will be kept as a live document and adjusted and adapted in line with latest advise relating to Covid 19).

Specific guidance was taken from <a href="https://www.gov.uk/government/publications/covid-19-response-spring-2021/covid-19-re

| What are<br>the<br>hazards?          | Who might be harmed   | Controls Required  | Additional Controls   | Action by<br>who?                    | Action<br>by<br>when? | Done |
|--------------------------------------|---|--|---|--------------------------------------|-----------------------|------|
| Spread of<br>Covid-19<br>Coronavirus | <ul> <li>Staff</li> <li>Members &amp;<br/>Visitors to<br/>premises</li> <li>Cleaners</li> <li>Contractors</li> <li>Vulnerable<br/>groups –<br/>Elderly,<br/>Pregnant<br/>workers,<br/>those with<br/>existing<br/>underlying<br/>health<br/>conditions</li> <li>Anyone else<br/>who<br/>physically<br/>comes in<br/>contact with<br/>you in<br/>relation to<br/>the club</li> </ul> | <ul> <li>Hand Washing</li> <li>Hand washing facilities with soap and water in place.</li> <li>Stringent hand washing taking place.</li> <li>See hand washing guidance.</li> <li>https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/</li> </ul>  | Club employees & members to be reminded on a regular<br>basis to wash their hands for 20 seconds with water and<br>soap and the importance of proper drying with disposable<br>towels.<br>Also reminded to catch coughs and sneezes in tissues –<br>Follow Catch it, Bin it, Kill it and to avoid touching face,<br>eyes, nose or mouth with unclean hands. Tissues will be<br>made available throughout the workplace.<br>Hand sanitizers to be placed at key points both inside for<br>staff and outside for members at key points of contact<br>around the tennis courts.<br>First Aid box has been relocated to outside toilet to ensure<br>access for all members. | Club<br>Manager/<br>Club<br>Officers | 29.03.21              |      |
|                                      |   | <ul> <li>Drying of hands with disposable paper towels.</li> <li><u>https://www.nursingtimes.net/news/res earch-and-innovation/paper-towels-much-more-effective-at-removing-viruses-than-hand-dryers-17-04-2020/</u></li> <li>Staff encouraged to protect the skin by applying emollient cream regularly</li> </ul> | Hand sanitisers to be specifically located in the entrance to<br>the clubhouse and signs placed to remind people of the<br>need to use them.<br>Hands must also be sanitised following the collection of<br>dirty cutlery and glasses prior to serving any fresh food to  |                                      |                       |      |

|  | <ul> <li><u>https://www.nhs.uk/conditions/emollients/</u></li> <li>Gel sanitisers in any area where washing facilities not readily available</li> <li>Gel sanitisers placed on all entrance/exits and on all tennis courts.</li> </ul>   | <ul> <li>new customers. (See Bar &amp; Catering Safety/Hygiene<br/>Procedures).</li> <li>Provide sanitising wipes to wipe down contact surfaces at<br/>key points inside and outside.</li> <li>Encourage staff to report any problems and carry out skin<br/>checks as part of a skin surveillance programme</li> <li>https://www.hse.gov.uk/skin/professional/health-<br/>surveillance.htm</li> <li>To help reduce the spread of coronavirus (COVID-19)<br/>reminding everyone of the public health advice -<br/>https://www.publichealth.hscni.net/news/covid-19-<br/>coronavirus</li> </ul> | Club<br>Manager /<br>Club<br>Officers | 29.03.21 |  |
|--|--|--|---------------------------------------|----------|--|
|  | Cleaning<br>Frequently cleaning and disinfecting objects and<br>surfaces that are touched regularly particularly in<br>areas of high use such as toilets, door handles,<br>light switches, key pads, tables & chairs, court<br>brushes, reception area using appropriate<br>cleaning products and methods. | A strict cleaning regime has been put in place to ensure a<br>high level of hygiene is maintained. (See cleaning schedule),<br>this is signed and checked by the Catering Team.<br><b>Tables and the chairs to be sanitised between use (before<br/>each new sitting)</b> . Toilets on a strict cleaning schedule.<br>Dirty glasses/plates etc to be collected by a member of<br>staff. Staff to sanitise hands before and after every<br>customer.<br>Posters, leaflets and other materials are available for<br>display.   | Club<br>Manager/<br>Club<br>Officers  | 29.03.21 |  |

|  | Rigorous checks will be carried out by line Manager & Officers to ensure that the necessary procedures are being followed.   |                                      |          |
|--|--|--------------------------------------|----------|
| Social DistancingSocial Distancing – Athough not now enforceable,<br>reducing the number of persons in any work area<br>and social setting to comply with the 2-metre (6.5<br>foot) gap is recommended by the Public Health<br>Agencyhttps://www.publichealth.hscni.net/news/covid-<br>19-coronavirushttps://www.gov.uk/government/publications/c<br>ovid-19-guidance-on-social-distancing-and-for-<br>vulnerable-peoplePlay on court to follow the club rules and<br>guidelines sent out in the club communication on<br>12.05.20Ensuring sufficient rest breaks for staff. | Staff & members to be reminded on a regular basis of the<br>importance of social distancing both in the workplace and<br>on the courts (see amended club rules 12.05.20).<br>Regular Manager and Officer checks to ensure this is<br>adhered to. | Club<br>Manager                      | 29.03.21 |
| Wearing of Gloves<br>Where Risk Assessment identifies wearing of<br>gloves as a requirement of the job, an adequate<br>supply of these will be provided. Staff will be<br>instructed on how to remove gloves carefully to<br>reduce contamination and how to dispose of<br>them safely.  |  | Club<br>Manager/<br>Club<br>Officers | 29.03.21 |

| gloves following the correct procedure (PDF)<br>Reference <u>https://www.hse.gov.uk/news/face-mask-ppe-</u><br><u>rpe-coronavirus.htm</u> | Pu<br>(p<br>ag<br>In<br>ob<br>ga<br>W<br>wi<br>wi<br>Tig<br>m<br>go<br>wi<br>y<br>r<br>ww | ight-fitting respirators (such as disposable FFP3<br>nasks and reusable half masks) rely on having a | Reference <u>https://www.hse.gov.uk/news/face-mask-ppe-</u> | Club<br>Manager/<br>Club<br>Officers<br>Club<br>Manager/<br>Club<br>Officers | 29.03.21 |  |
|---|---|--|---|--|----------|--|
|---|---|--|---|--|----------|--|

| Symptoms of Covid-19  | All bar & catering staff should complete a wellness                 | Club     | 29.03.21 |  |
|---|---|----------|----------|--|
|   | questionnaire and take a Head temperature test                      | Manager/ |          |  |
| If anyone becomes unwell with a r                                       |   | Club     |          |  |
| cough or a high temperature in the                                      | e workplace immediately notify their Manager and go home and follow | Officers |          |  |
| they will be sent home and advise                                       | d to follow the the NHS & Government guidelines.                    |          |          |  |
| stay at home guidance.  |   |          |          |  |
|   | Internal communication channels and cascading of                    |          |          |  |
| Line managers will maintain regula                                      | messages through communications by the Club Manager &               |          |          |  |
| staff members during this time.   | Officers will be carried out regularly to reassure and              |          |          |  |
| If advised that a member of staff o                                     | support employees and Club members in a fast changing               |          |          |  |
| member has developed Covid-19 a   | situation   |          |          |  |
| recently on our premises (includin                                      |   |          |          |  |
| member of staff has visited other                                       |   |          |          |  |
| premises such as domestic premis  |   |          |          |  |
| management team of the workpla  |   |          |          |  |
| the Public Health Authority to disc                                     |   |          |          |  |
| identify people who have been in  |   |          |          |  |
| them and will take advice on any a                                      |   |          |          |  |
| precautions that should be taken.                                       |   |          |          |  |
| https://www.publichealth.hscni.n  | et/   |          |          |  |
|   |   |          |          |  |
| Mental Health   |   |          |          |  |
|   | The Club Manager / Officers will offer support to staff who         | Club     | 29.03.21 |  |
| Management & Officers will prom   |   | Manager/ |          |  |
| health & wellbeing awareness to s<br>Coronavirus outbreak and will offe |   | Club     |          |  |
|   | er whatever   | Officers |          |  |
| support they can to help  |   |          |          |  |
| Reference -   |   |          |          |  |
|   |   |          |          |  |
| https://www.mind.org.uk/inform  |   |          |          |  |
| support/coronavirus-and-your-we   | Ilbeing/  |          |          |  |
| www.hseni.gov.uk/stress   |   |          |          |  |
|   |   |          |          |  |